



NEWS



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Hospitals Lift Visitor Restrictions Imposed During Flu Spike

The current level of influenza activity in McLean County has lowered substantially prompting OSF St. Joseph Medical Center and Advocate BroMenn Medical Center to lift visitor restrictions imposed in February to protect against the spread of influenza.

To help stay healthy, people should continue to follow good health habits and remember to follow the 3 C's to help prevent the spread of germs:

- Clean – frequently wash your hands with soap and warm water or an alcohol-based hand sanitizer. Also, clean frequently touched surfaces (doorknobs, tables, railings, light switches) regularly with cleaning wipes.
- Cover – cover your cough and sneeze. Sneeze into a tissue, your sleeve, or the inside of your elbow. Throw the tissue in the trash after use, and then wash your hands.
- Contain – contain your germs by staying home if you are sick. If you are sick with flu-like illness, stay home for at least 24 hours after your fever is gone without the use of fever-reducing medicine.

The McLean County Health Department is dedicated to the prevention and control of disease through health promotion, early intervention, and health protection within the county. More information about health department services can be found at: <http://health@mcleancountyil.gov>.

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