

Headlines and Horizons

January 1, 2008 - December 31, 2008

Mission Statement

The purpose of the McLean County Health Department is to fulfill the public interest in assuring conditions conducive to good health and providing leadership in promoting and protecting the health of county residents. The Department shall carry out its mission through:

- 1) assessment and analysis of health conditions;
- 2) development of local health policies;
- 3) prevention and control of disease through health promotion, early intervention and health protection;
- 4) where applicable, enforcement of state laws and local ordinances pertaining to health;
- 5) assurance of access to personal health care services;
- 6) minimizing the adverse impact of diseases and disabilities;
- 7) conducting programs in accordance with Illinois Department of Public Health certification standards for local health departments; and,
- 8) coordination and planning with other entities for a comprehensive community health system.

Headlines and Horizons

MCHD
2008 Annual Report

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Message from the Director



“I read the news today, oh boy.” These opening lyrics from the Beatles’ song *A Day in the Life* preface a jaded and dismal depiction of the latest headlines and the drudgery of day-to-day life. These lyrics characterize an all too common sentiment towards news. Happily, it is an outlook that the McLean County Health Department does not share with the cynics. Over the past year, the department has continued its practice of proactively spreading its public health messages through the media and has seized the teaching moments that these Headlines afford and their link to our future that is visible on the Horizon. *Headlines and Horizons* help illustrate where the department is positioned at this point in time and serves well as the thematic structure for the 62nd Annual Report.

As I reflect on the year’s headlines, it is apparent that there was a significant amount of activity going on behind the scenes that didn’t make it to the forefront of public attention. The entire story is rarely told. What is left out much of the time is the hard work, dedication and collaboration that go into providing the valuable public health infrastructure that serves our community so well. I would be remiss if I did not recognize the significant contributions made during the past year by the department’s highly competent staff.

A *Headline* that greeted us as 2008 dawned was the Smoke-Free Illinois Act going into effect amid heated controversy. The statewide policy change required staff from the health promotion section and environmental health division to implement and enforce the Act locally. A concerted effort to educate businesses and the community necessitated a multi-pronged approach that included direct mail, mass media and the occasional follow-up site visits.

Residents also opened their newspapers, turned on their radios and televisions to learn about a rise in the number of bats found in homes in the fall. This not only triggered Headlines but put animal control and communicable disease staff on high alert. The increase in bat activity provided the chance to inform people on how to protect against rabies and encourage pet vaccinations.

Through the media residents learned of a pandemic influenza regional tabletop exercise that was successfully executed thanks to the public health emergency preparedness and response staff’s ongoing relationships and coordination with partners in emergency management, law enforcement, hospitals, corrections, education and court administration. The news coverage of the event permitted a public glimpse into the emergency response facet of public health.

A national salmonella outbreak first attributed to tomatoes and then to jalapeño peppers, set the stage for a local story on how consumers could prevent foodborne illnesses at home. The department’s staff fielded numerous public inquiries and provided valuable consumer guidance.

If the past is any indicator of the future, which it almost always is, all of these news-making events both instruct and guide us to prepare for the challenges that lay ahead. On the *Horizon*, future policy changes will present themselves and involve the cooperation and diligence of all in the public health system. Old foes like tuberculosis, influenza and rabies will persist and require renewed energy to keep them at bay. We will

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MESSAGE
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have to continue to anticipate emerging pathogens and plan for community-wide responses to mitigate them. Foodborne illnesses will be ever-present and will occur despite our best efforts to keep the food supply safe. Finally, impacting the adverse affects of lifestyle choices will demand creative approaches to encourage behavioral changes.

May of 2009 will see me draw a close to a nearly 29 year career with the McLean County Health Department as an assistant administrator and for the past 18 years as its director. I had the pleasure of working for boards of health that provided me with the latitude and support needed to guide the department. Moreover, I am gratified to have worked with professional and support colleagues that were by every measure highly outstanding. I owe them my heartfelt appreciation. I leave with fond memories and a feeling of assurance that the excellence of the McLean County Health Department will persevere.



Robert J. Keller, Director

Message from the Board of Health President



in 2009. We reflect upon Bob's years of service with gratitude. We are thankful to have had such a positive working relationship with him over the years and wish him the best in his future endeavors.

With great appreciation for stellar public health leadership, on behalf of the McLean County Board of Health, I invite you to review the 62nd Annual Report: *Headlines and Horizons*.



Dan Steadman, DDS
Board of Health President

Another year has passed and I continue to serve with pride as president of the McLean County Board of Health. Through our policy role, the Board paved the way this year for many important decisions that made *Headlines* and will shape important public health advances that loom on the *Horizon*.

The Board of Health continues to be impressed by the achievements of the health department staff delivering measurable outcomes in all aspects of public health. The strength of the public health system in McLean County is directly attributable to their ability to work seamlessly with other community stakeholders. We will continue to look to past successes as indicators of achievements yet to come.

The challenge of combating heart disease, stroke and cancer is a daunting one. The community health plan to address these problems was introduced in 2007 and the implementation of the plan began in 2008. The Board expects that the community partnerships developed in this effort will persist and that the health department's leadership will drive the pursuit to overcome the devastating impact of these diseases.

With the announcement of Bob Keller's retirement, the Board will face the challenge of choosing a new director

McLean County Board of Health, Tuberculosis Care and Treatment Board, Board of Care and Treatment of Persons with a Developmental Disability



Dan Steadman D.D.S.,
President*



Becky Powell, R.N.*
Vice President



Cory Tello, Secretary*+



Cynthia Sullivan Kerber, PhD.*+



Duane Moss



Jane Turley+



Stephen C. Pilcher, MD

*TB Care and Treatment Board Member

+Developmentally Disabled Persons'
Board Member



Lisa Emm, MD

Personal Health Division

WIC Reaches Highest Achieved Caseload Ever for McLean County

BLOOMINGTON – During eleven months of 2008, WIC Clinic experienced the highest caseload rates ever in McLean County. Not only was WIC staff recognized internally for their achievements, but the state of Illinois recognized them for their outstanding work on caseloads in November. On average, the monthly achievement rate was 2614. By the end of 2008, the average caseload rate was 2647.

WIC clinic helps to provide nutritious

foods for health, growth and development; encourages regular health care and promotes food nutrition through education. They also help to promote breastfeeding in women throughout the community. With the assistance of WIC, pregnant, postpartum, or breastfeeding mothers can be provided with food packages to aid in the practice of good nutrition for their infants. WIC's services benefit hundreds of mothers and families throughout McLean County.

Increased Bat Activity Results in More Rabies Investigations by CD Staff

BLOOMINGTON – Unusually high numbers of bats throughout McLean County were found in residents' homes in 2008, raising concern about rabies throughout the community. Increased bat activity in the late summer and early fall months resulted in increased calls to animal control and follow-up investigations by the communicable disease (CD) staff.

From July through September, the CD section investigated 33 cases of individuals reporting a significant bat exposure. Out of those, 12 individuals received the recommended rabies post-exposure vaccine series, either because the bat tested positive for rabies or was not available for testing. Over 60 additional individuals were contacted by CD staff following reports of bats seen or captured in living quarters to determine if a significant exposure had occurred. The unusual cluster

of bat exposures was complicated by the coincidental nationwide shortage of human rabies vaccine.

About 40 bats were sent for testing, with four testing positive for rabies. Bats are prime carriers of rabies and pose a serious threat to people and unvaccinated pets. Most of the recent human rabies cases in the United States have been caused by exposure to bats. Bat bites are often undetectable because their teeth are so small and sharp. A bat that is found in a room where someone has been sleeping is cause for concern. The health department urged residents to stay away from bats and to call animal control if there was a bat in their home. The department also encouraged pet owners to make sure their pets were up-to-date with all rabies vaccines, as even indoor pets are at risk when bats enter homes.

STD Program Starts "Brown Bag" Testing

BLOOMINGTON – The McLean County Health Department's STD program staff came up with a creative way to use a \$10,000 grant from the Illinois Department of Public Health (IDPH) to address the county's high rates of Chlamydia. The health department chose to use part of the grant to try to increase the number of people tested for Chlamydia and gonorrhea by removing barriers to testing. As a result the "brown bag" kit was born.

The brown bag kit involves a simple urine test. Clients wishing to be tested for STDs in a quick and discreet manner

can simply ask for the "brown bag". Inside a plain brown paper bag is a specimen cup, instructions, a sheet for the client's information, a wallet-sized reminder card with instructions on calling in for results, and a pocket pamphlet with STD information.

The brown bags are available in the



health department's WIC and prenatal clinics, STD clinic and Teen Parent Services program; IWU Student Health Services and Chestnut adolescent and adult out-patient services. This service has allowed the testing of clients that may not normally come to the health department and also the opportunity to partner with other community agencies to combine services. It has also led to the reconvening of the STD/HIV Prevention Forum. This forum meets quarterly and is comprised of agencies throughout McLean County who want to address sexual health issues in the community.



Drive-thru Flu Clinic Proves Successful Second Year in a Row

BLOOMINGTON – For the second year in a row the health department's drive-thru flu clinic helped residents receive their flu vaccination without any hassles. On Tuesday, October 21, 2008, the McLean County Health Department hosted its 2nd annual drive-thru flu clinic at the Sale Barn in Bloomington. Due to the great amount of success and community support from last year's drive-thru clinic, the health department decided to continue to offer it to the public. Residents were able to stay inside of their vehicles, while nurses and volunteers prepared paperwork and the shots. It made it especially easy for people with limited mobility to receive the flu shot. In total, 107 people took advantage of the drive-thru clinic.

This flu season there was an ample supply of vaccines available and multiple opportunities to receive it. The health department was just one of many providers in the county that offered several flu clinics in October and November. Many local residents and county employees took advantage of the clinics to protect themselves and others from the flu.

The Personal Health Services Division provided the following services in 2008:

Maternal Child Health

Family Case Management

Average number of participants per month	1,569
Home visit/office contacts	12,883
Kid Care applications	357
Teen Parent participants served	72
Teen Parent follow-up contacts	1,252
Genetic counseling, referral and education	925
Perinatal Depression Screens	1,340
Prenatal physician assignments	642
Pediatrician assignments	788

DCFS Medical Case Management

Children age 0-6 served	178
Follow up contacts	2,283

DCFS HealthWorks for McLean, Livingston, DeWitt and Piatt

Children enrolled	334
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Pediatric Primary Care Services

New and return infants and children for EPSDT (Early Periodic Screening and Diagnosis & Treatment)	4,426
Physical Assessment	0
Hemoglobin	3,067
Denver Developmental Screening (DDST II)	3,107
Ages & Stages Questionnaire (ASQ)	158
Ages & Stages Questionnaire Social Emotion (ASQ SE)	65
Early Intervention referrals to:	
Child & Family Connections (CFC)	60
School	16
Referrals (Vision & Hearing, Dental, Early Intervention, Smoking Cessation, Physician and Social Services)	527
Newborn Hearing Screening follow-up	7

Child Care Nurse Consultant

Consultations and presentations	525
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Childhood Lead Poisoning Prevention

Screening tests performed	1,680
Assessment questionnaires completed	1,879

WIC - Women, Infants and Children Program

Certifications

Pregnant, postpartum and breastfeeding women	1,666
Infants	599
Children	2,739
Total certifications	5,004
(includes duplicates-clients certified every six months)	
Number of clients attending nutrition education	6,821
(includes duplicates-clients certified every six months)	

Community Health and Disease Prevention

Immunization Clinic

Clients here for shots	5,052
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Immunizations Given

	11,867
DT	3
DTAP	846
Hepatitis A	939
Hepatitis B	252
CVax	12
HIB-4	1,271
HPV	230
Influenza	878
IPV	450
MCV4	135
MMR	937
Ped	1,302
Penta	210
PCV	1,946
Rota	936
Td	157
Tdap	292
Var	1,066

Legend: HepA= Hepatitis A; HepB=Hepatitis B; CVax=Hepatitis B and HIB; HIB-4=ActHIB (4 dose HIB); MCV4=Meningitis Conjugate Vaccine; Ped=Pediarix (DTaP/IPV/Hepatitis B); Penta=Pentacel (DTaP/IPV/HIB); PCV=Prevnar (Pneumococcal Conjugate Vaccine); Rota=rotavirus vaccine; Tdap=Tetanus reduced dose diphtheria and pertussis vaccine; Var=Varicella (chickenpox vaccine)

Dental Clinic (children and adult)

Patient clinic appointments (with dentist)	2,203
Patient clinic appointments (with hygienist)	1,842
Clinic procedures	14,266
School-based sealant clinic children served	132
School sealant procedures	398

Eye Care Program

Scheduled eye exams	97
Eyeglasses for children	2
Eyeglasses for adults	47

Community Clinic Health Screenings

Number of clinics	37
Number of people screened	559

Home Visits

Home Nursing Program Visits	472
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Vision and Hearing Screenings

Vision	Screenings 07/07 - 06/08
McLean County Health Department	114
Preschools/Child Care Centers	406
Schools - Rural/Parochial	2,269

Hearing

McLean County Health Department	124
Preschools/Child Care Centers	445
Schools - Rural/Parochial	2,174

Eye Care Program (Medicaid Based) 5/07 - 4/08

In conjunction with John Scott Health Resources	
Clients served	1,551
Eyeglasses dispensed	732

Communicable Disease

Communicable Diseases Reported to McLean County Health Department

^AIDS	4
HIV Antibody Positive (physician reported)	10
HIV Positive (MCHD Counseling and Testing Program)	1
Brucellosis	0
Chlamydia	666
Chickenpox (case reporting started in 2008)	66
Cryptosporidiosis	1
^Escherichia coli	1
^Giardiasis	15
^Gonorrhea:	
Health Department	51
Other Providers	165
Total	216
^Foodborne Illness:	
No Agent	0
Agent Identified	0
^Hepatitis, viral:	
Type A	3
Type B	17
Type C - confirmed	78
^Histoplasmosis	7
Legionnaires Disease	0
Lyme Disease	3
Malaria Fever	1
^Measles-probable	0
Measles-confirmed	0
^N. Meningitidis	0
Haemophilus-influenzae invasive	2
^Mumps - confirmed + probable	0
^Pertussis:	
confirmed	4
probable	8
suspect	6
^Rabies Prophylaxis	19
Rocky Mt. Spotted Fever	0
Rubella	0
^Salmonella	16
^Shigella	3
Staph Aureus MRSA - infant - 5 MRSA cluster - 0	
Strep Pneumoniae (Inv.) < 5 years	1
^Syphilis: Health Department Pre/sec - 1 Latent - 6	
Other Providers Pre/sec - 0 Latent - 5	
Total Pre/sec - 1 Latent - 11	
^Tuberculosis	1
^Toxic Shock Syndrome	0
West Nile Virus	0

^Indicates diseases for which investigations were conducted by the Communicable Disease Section.

S.T.D. Clinic

Attendance 1,165

HIV Antibody Counseling & Testing

Number tested	877
Anonymous pretest counseling sessions	308
Opt out HIV testing	248
HIV Grant	629
Anonymous tests	308
Confidential tests	122
Non-RIG Anonymous	199

Community Health Education Presentations

Topic	Number of Presentations	Attendance
Communicable Disease	3	110
HIV/AIDS	43	274
Sexually Transmitted Diseases	12	271
Tuberculosis	9	71

McLean County Tuberculosis Clinic

Active TB Cases:

New	1
Reactivated	0
Referred from other areas	0
Total	1
TB suspects	8
Patients and suspects hospitalized	4

Number of Clinic Visits:

Total number of visits	3,813
Medical consultations	105
Nursing consultations	271
New medication orders	32
Medication refills	33
Directly observed therapy	122
Chest x-rays	23
Tuberculin skin tests - negative	1,670
Tuberculin skin tests - positive	29
Blood chemistry tests	38
Hospital/home visits - nurse	69
Hospital visits - physician	0
Quantiferon TB tests	54

Interpretation and Translation Services (hours provided):

American Sign Language	11.62
Arabic	4.21
Chinese	0
Farsi	0
French	72.28
Hindi	0
Japanese	2.53
Korean	28
Logano	08
Mongolian	0
Russian	95
Spanish	1,718.46
Turkish	1.32
Vietnamese	0
Total hours of service	1809.2

Environmental Health Division

Food Safety Program Supervisor Marks 40 Years with the Health Department

BLOOMINGTON- Food Safety Program Supervisor Larry Carius has served the McLean County Health Department Environmental Health Division and the citizens of the county for 40 years. He began working at the health department as a sanitarian on October 14, 1968. Back then, sanitarians performed many duties they do not do today like swimming water sampling, venereal disease (as they were called then) investigations and soft serve ice cream samples, in addition to current responsibilities like private sewage disposal system and restaurant inspections.

Food safety was always an interest of Carius', and became his specialty in 1984. He has overseen food safety regulation in his current role as Food Safety Program Supervisor since 1987. "I am proud that the McLean County Health Department has been both a leader and model health department in the state for food sanitation, safety and regulation," said Carius.

Carius has learned many lessons throughout his 40 years as an environmental health specialist, but two that stand out to him the most include: rules and regulations set minimum standards, not optimum standards; and food will only be as safe as the management wants it to be. "If a food

service facility is doing an excellent job of food safety, the credit belongs more to the facility than the regulatory agency," Carius emphasized.

Throughout his time as a regulator and environmental health specialist he has seen significant changes and growth in McLean County. Specifically, one of the most important changes to food safety was a mandate by the state of Illinois in 1978, which requires restaurant managers to be certified in food safety by spending 15 hours in the classroom and passing a state-administered test.

Carius is also a member of several associations including the National Environmental Health Association, International Association for Food Protection, Illinois Environmental Health Association and the Illinois Association of Food Protection. He is a member of the Illinois Food Safety Advisory Committee and has served on several Illinois Department of Public Health committees for food safety throughout the years.

After 40 years, Larry still wakes up every morning and enjoys coming to work. "I feel very fortunate to have found public health as a profession with its accompanying opportunities to make a difference. I believe that I have made a difference in public and environmental



health in my adopted county and am satisfied that I have done my best for the public for 40 years. My only regret is that I have gotten old."

The Health Department commends Larry Carius for serving the Health Department and McLean County for 40 years. His commitment and positive attitude toward change in the future is evident throughout his work. The face of public health in McLean County would not be the same without his dedication and hard work presented over the years.

The Environmental Health Division provided the following services in 2008:

Food Protection Program

Food establishment permits active at year end	767
Total full-time establishment permits issued for year	838
Temporary food permits issued for year	474
Food establishments plans received/reviewed	58
Food product inquiries received	3
Food establishment complaints received	100
Total food sanitation inspections/reinspections	2,947

Private Sewage Disposal Program

Installation permits	159
Total inspections/reinspections	344
System installers licensed	31
Septic tank pumpers licensed	13
Sewage system complaints for year	8
Total other sewage complaints investigated	8

Potable Water Program

Private water sample reports	430
Non-Community water supplies	27
Water well installation permits	51
Abandoned water wells inspected	94

Tanning Facility Inspection Program

Tanning facilities under inspection by MCHD	28
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Solid Waste, Nuisances, Pest Control and other Environmental Complaints

Complaints Received	23
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Geothermal Exchange System Program

Installation registrations	56
Geothermal exchange system contractors registered	23
Geothermal exchange system excavators registered	10

West Nile Virus Surveillance Program

Number of suspect birds submitted for lab analysis	7
Number of mosquito pools tested for West Nile Virus	77

Administration and Support Division

McLean County Health Department Selected as Pilot County for New Death Records System

BLOOMINGTON – The McLean County Health Department had success in testing the Illinois Department of Public Health (IDPH) electronic death registration system (EDRS) in 2008. As one of 12 pilot counties for the new system, McLean County began processing death records with more ease with the pilot program's inception in October.

The new system is designed to streamline the processing of death certificates through a web-based database. McLean County has most funeral homes and hospitals on board along with the Coroner's office. "The new EDRS has truly streamlined our operation and will increase efficiencies for funeral home directors as well," said McLean County Health Department Administrative Support Supervisor II Donalda Voss.

The McLean County Health Department Vital Records Division is responsible for maintaining death and birth records for 10 years. After that, the McLean County Clerk maintains these records.

McLean County Rings in a Smoke-Free New Year

BLOOMINGTON – Inhale. Ahhhhh. 2008 brought us to a new height in public health-The Smoke-Free Illinois Act. Illinois joined 21 other states, plus Washington DC and Puerto Rico in reducing the public's risk to the health hazards associated with exposure to secondhand smoke. Illinois' new law not only prohibited smoking in most public places, it also asserted a groundbreaking stance and advanced the frontier of public health.

The Smoke-Free Illinois Act presented some profound changes for establishments in McLean County that were not previously covered under local ordinances. This included all public places and places of employment in roughly 40 McLean County townships and municipalities that did not previously have ordinances and also organizations that were exempt under local ordinances. Minor changes were also in store for organizations in Bloomington and Normal that were in compliance with their local ordinances. The state prohibition superseded any ordinance that was not at least as strict, or more stringent, than state criteria.

In addition to smoking being prohibited in any indoor public place and place of employment, smoking became forbidden within 15 feet of entrances, exits, windows that open and ventilation intakes

at these establishments. Mandatory "no smoking" signs were to be posted at all entrances. Ashtrays were also required to be removed from areas where smoking was no longer allowed.

In order to make the transition as smooth as possible, the health promotion and communications staff engaged in educational efforts. All licensed food establishments in McLean County were mailed a letter and answers to frequently asked questions about the act. This information was also provided to the McLean County Chamber of Commerce for dissemination. An article in the *Pantagraph* and a column in its *Business to Business* magazine detailed the act's provisions to community and business operators. Numerous public inquiries were also fielded in the first several months of 2008.

While the majority of businesses complied, there was a learning curve for a few. In cases where complaints were received, follow-up phone calls to the businesses from health promotion staff and an occasional on-site visit from a health promotion specialist, sanitarian or both were necessary to enforce the act.

As a result of the Smoke-Free Illinois Act and the efforts of health department staff, secondhand smoke in public places is no longer a threat to the health of McLean County residents.

Health Department Hosts Drill Exclusively for Volunteers

BLOOMINGTON – The McLean County Health Department hosted a regional medication dispensing drill to train Medical Reserve Corps (MRC) volunteers of central Illinois on Sat. May 17, 2008 at Heartland Community College. The drill simulated the release of the biological agent anthrax in McLean County. MRC volunteers learned and practiced the dispensing of antibiotics to treat those exposed to anthrax. The drill tested the health department's capacity to train and mobilize volunteers in the event of a widespread public health emergency and also measured the amount of clients that could be served in the allotted time period.

This was the first-ever regional medication dispensing drill in downstate Illinois exclusively for volunteers. Since the event was regional, it also exercised the use of mutual aid that would likely be needed in the event of a bioterrorism attack or widespread outbreak.

The McLean County Health Department trained 33 MRC volunteers from health departments of Champaign-Urbana and Douglas, Logan, McLean, Sangamon and Woodford counties. 19 staff members from these agencies were also in attendance.

The Medical Reserve Corps is a national community-based initiative that is designed to recruit, train and mobi-

lize community members with the skills, knowledge and desire to help others during disasters. The local MRC is a collaborative venture of the health department and the McLean County Emergency Management Agency (EMA). MRC is comprised of healthcare professionals and other support personnel.



The Administrative and Support Division provided the following services in 2008:

Animal Control Program

Dogs Vaccinations	22,850
Cats Vaccinations.	8,734
Dog Registrations.	21,007
Animal Bite/Rabies Investigations	583
Animal Control Center Activity:	
Dogs Accepted	729
Dogs Available for Adoption/Transfer.	163
Dogs Adopted or Transferred.	115
Dogs Reclaimed by Owners.	349
*Dogs Euthanized.	270
Cats Accepted	508
Cats Available for Adoption/Transfer	176
Cats Adopted or Transferred	71
Cats Reclaimed by Owners	21
*Cats Euthanized	412

*Includes owner request euthanasia, died and dead on arrival.

Illinois Department of Public Health Vital Statistics Summary/McLean County 2006*

Population (2007).	164,209
Live Births.	2,584
Infant Deaths (under 28 days)	13
Infant Deaths (28 days to 1 year)	7
All Deaths (except Infant).	1,067
Cancer	512
Colorectal Cancer.	30
Respiratory Cancer	77
Breast Cancer	18
Cardiovascular	340
Heart Disease.	271
Cerebrovascular.	50
Infective & Parasitic Diseases	19
Respiratory Diseases	173
Influenza.	0
Pneumonia.	16
Diabetes	34
Chronic Liver Disease & Cirrhosis.	9
Accidents & External Causes (including motor vehicles)	52
Suicide	13
Homicide	1

*Vital records statistics from the Illinois Department of Public Health are two years behind.

Health Promotion and Assessment

Educational Programs	412
Educational Program Participants	12,512
Educational Displays/Special Educational Projects.	72
Media Contacts/Articles	144
Promotional Materials Developed/Updated	360
Coalition Building/Community Meetings.	366

Health Education Presentations

Topic	Number of Presentations	Attendance
HIV/STD, Pregnancy Prevention	10	190
Tobacco Education.	155	5,078
Heart Health	99	1,168
Dental Health	2	29
Breast Health	40	2,972
Health Fair/Other	15	1,263
Employee Wellness	89	1,692
Asthma	2	120
Material Distribution		18,660

Mental Health Division

Mental Health Division Continues Success with Collaborative Efforts

BLOOMINGTON- The health department's mental health division continued to offer services in 2008 through contractual agreements with private mental health providers throughout the county. The division carries out its mission by providing leadership, planning and coordinating, partially funding and evaluating an array of community services relating to mental illness, developmental disability and substance abuse.

Some innovative and collaborative approaches have been developed in the past few years and continued to be successes in 2008. The McLean County Drug Court provides substance abuse services and the chance for rehabilitation for nonviolent offenders. There were 33 drug court participants in 2008, growing from 22 in 2007.

The Mental Health Division provided the following services in 2008:

Emotional Disabilities

CHS Crisis Intervention (contacts).	4,688
CHS Child & Adolescent Outpatient (client openings).	412
CHS Child & Adolescent Special Assistance (clients).	82
CHS Psychiatrist Service (client openings)	286
CHS Adult Outpatient (client openings)	894
CHS Outpatient Unit 5 Home/School Outreach (average caseload)	9
CHS Outpatient Dist. 87 Home/School Outreach	16
PATH Crisis Hotline (calls).	54,656
PATH Crisis Hotline (referrals to CHS)	1,876
ODC MI P.R.O.M.I.S.E. Program (client hrs.)	12,477
AVERT Domestic Violence Program (contacts).	400

Developmental Disabilities

MARC 0-3 (average caseload) 377	183
MARC Supported Employment (client hours) 377	14,975
MARC Residential (nights of care) 377	22,549
ODC Vocational Development (client hours) 377	20,411
ODC Extended Employment (client hours) 377	29,236
ODC Supported Employment (client hours) 377	174
LIFE-CIL Independent Living (average cases)	9

Substance Abuse

Chestnut Adolescent Early Intervention (clients)	1,715
Drug Court Participants (average caseload)	33

Prevention

Project Oz Drug Education (clients).	2,804
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Funding Breakdown

Emotional Disabilities	\$640,983
Substance Abuse	\$206,364
Developmental Disabilities (377 Fund)	\$615,240
Drug Court	\$171,107

Health Department Employees Take Advantage of the County's Early Retirement Initiative

Family Case Management Supervisor Retires After 27 Years of Service

BLOOMINGTON – For 27 years, Denise Hunt was an integral part of the McLean County Health Department. At the end of 2008, Denise retired from her position as Family Case Management Supervisor, in which she spent a good portion of her career. Denise held several other positions while at the McLean County Health Department, including, RN-PHN, Vision and Hearing Technician and Vision and Hearing Coordinator, but perhaps her greatest contribution was in her most recent role.

Throughout her tenure as Family Case Management Supervisor, Denise established quality relationships with the community and physicians in McLean County. “The McLean County Health Department has maintained a high standard of care for prenatal intake and the physician rotation process, which we have maintained for the past 10 years. McLean County is very unique in assigning pregnant women and infants with Medicaid eligibility a physician. The collaboration we have shared with both OB physicians and pediatricians has benefited the population of McLean County,” said Hunt.

Family Case Management is a program offered in cooperation with the Il-

linois Department of Human Services. It helps connect pregnant women and children under age two to health and wellness services. Family case managers can



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help families identify their needs, develop a plan of action based on those needs and promote wellness within the family. Clients are linked with services such as childcare, health care, WIC, counseling, public aid, crisis intervention, GED classes, dental care and vision and hearing screening.

Family Case Management has been

recognized statewide on several occasions for its accomplishments including record high caseload achievement.

“The McLean County Health Department has one of the best family case management programs in the state. Agencies from all over Illinois continue to call and ask for suggestions on running their programs,” stated Hunt. Due to the reputation of the program and her success overseeing it, Denise was asked to serve on various committees at the state level to coordinate new objectives.

Aside from leading a successful health department program, Denise cites earning her RN degree while working full time and taking care of her children as one of her greatest personal accomplishments. After retirement, she plans to travel more often to visit her daughter and two sons, who live in California, Indiana and London. She also plans on continuing to volunteer at the hospital and March of Dimes.

The McLean County Health Department staff commends Denise Hunt for her hard work and dedication for the past 27 years. Without Denise’s commitment and enthusiasm for helping others, family case management and the health department would surely be a different place.

Connie Montague Announces Retirement after 24 Years

BLOOMINGTON- Connie Montague announced her retirement in 2008, with 24 years of service to the McLean County Health Department to her credit. Montague began her service as a clerk typist in the nursing division. “I began working 20 hours a week typing doctor’s orders, filing and doing general office duties. Everything was typed on a typewriter with carbon paper,” she said. Her role and technology have since evolved.

After a few years, Capitola Stanley, then Director of Nursing, thought Connie was quite creative and prompted her to take an office support position in health education where she could apply her creativity. With the help of then health educators Chris Stelplugh and Wendy

Auer, she learned the ins and outs of PageMaker software.

Montague recalls challenges prior to the advent of digital photography. “During the creation of one annual report, I had to stop scanning in photos because the county server ran out of memory!” she said.

Once the health department moved to the Front Street location, Montague’s position title changed to Administrative Specialist and her job continued to evolve as a result of technology. Currently, she uses the latest Adobe Creative Suite Software to create fliers, brochures, newsletters, posters, the annual report and other various documents for health promotion.

Montague says she has learned a great



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deal while at the health department. “Working here has been fun and challenging,” she said. After retirement she plans to “clean sweep” her entire

Director of Health Department Announces Plan to Retire

BLOOMINGTON – Robert Keller will retire in May of 2009, after 28 years of committed service to the McLean County Health Department. Keller began his tenure at the health department in 1980, as executive assistant and mental health coordinator. In 1991, he was promoted to his current position as director. Keller announced his retirement in June of 2008 to ensure enough time would be allowed in seeking the right candidate for the position.

Along with his current duties as director, Keller has served on several state-wide committees. He was also appointed President of the Illinois Association of Public Health Administrators (IAPHA), as well as the Illinois Public Health Association (IPHA).

Keller mentions several accomplishments while working at the health department, including the transition to the department's current residence, establishment of a public health emergency preparedness program, expansion of health promotion programs, creation of an employee wellness program and responding to a number of infectious disease challenges over the years. He appreciates and recognizes the tremendous effort from his staff over the years for help in these tasks. "None of these undertakings would have been successful absent a highly talented and dedicated staff," said Keller.

Before his departure, Keller worked on the development of the 2009 health department budget and the impact of his early retirement on the department. He will be assisting in the transition of the new director into the department as well. Before leaving he will also be focusing

on assessing the strategic direction of the health department for 2009.

After retirement Keller says he plans to travel more often, commit more time to non-profit work and provide consulting for local health departments. "Being

the people and the interactions I have with them on a daily basis."

Upon his retirement announcement, Keller said he felt fortunate to have had a career that both fulfilled an important societal need and was professionally re-



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able to travel to Chicago more often to visit my son and daughter-in-law will be great. I will also be able to be more flexible with my time spent traveling, golfing and exercising."

Keller also spoke about what he would miss the most about the health department. "I will miss the challenges and satisfaction of achieving goals and seeing returns. Most of all though, I will miss

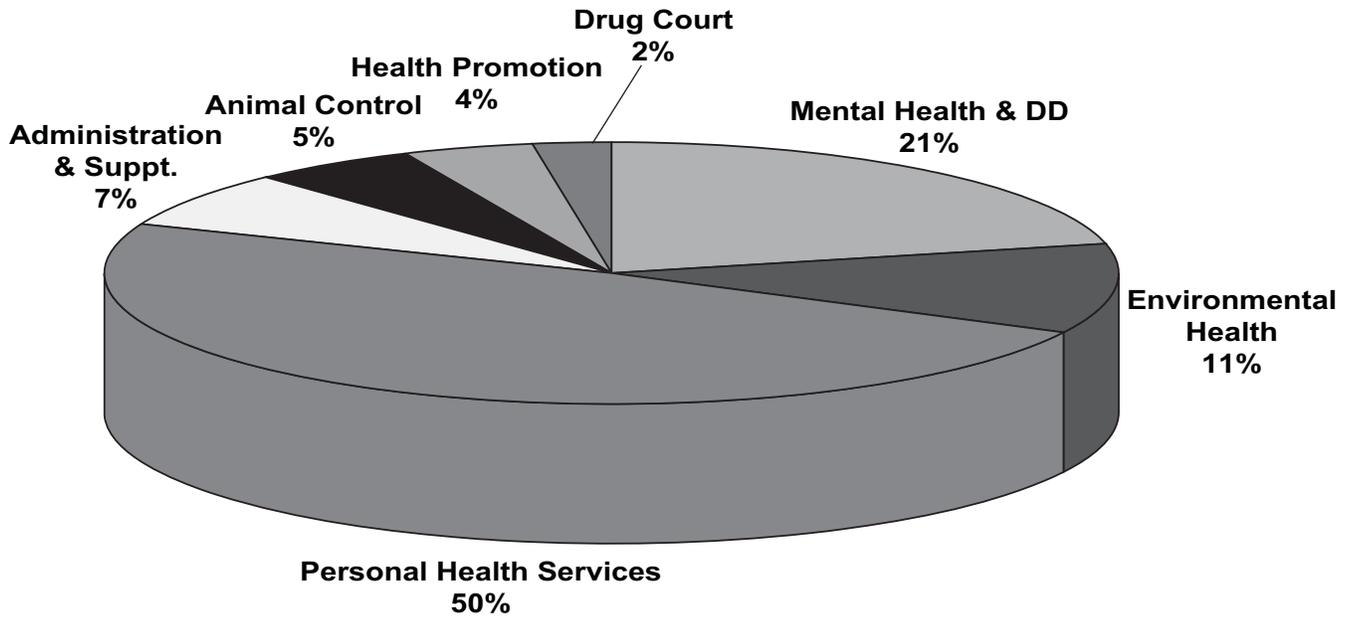
warding. The McLean County Health Department commends Robert Keller on his 28 years of commitment and achievement. His years of hard work and accomplishments have left a mark on the health department that will not soon disappear.

house and have a giant garage sale. Also, she will be doing the bookkeeping for her husband's business, scrapbooking, beading, traveling, watching her granddog and assisting in her daughter's move in Chicago.

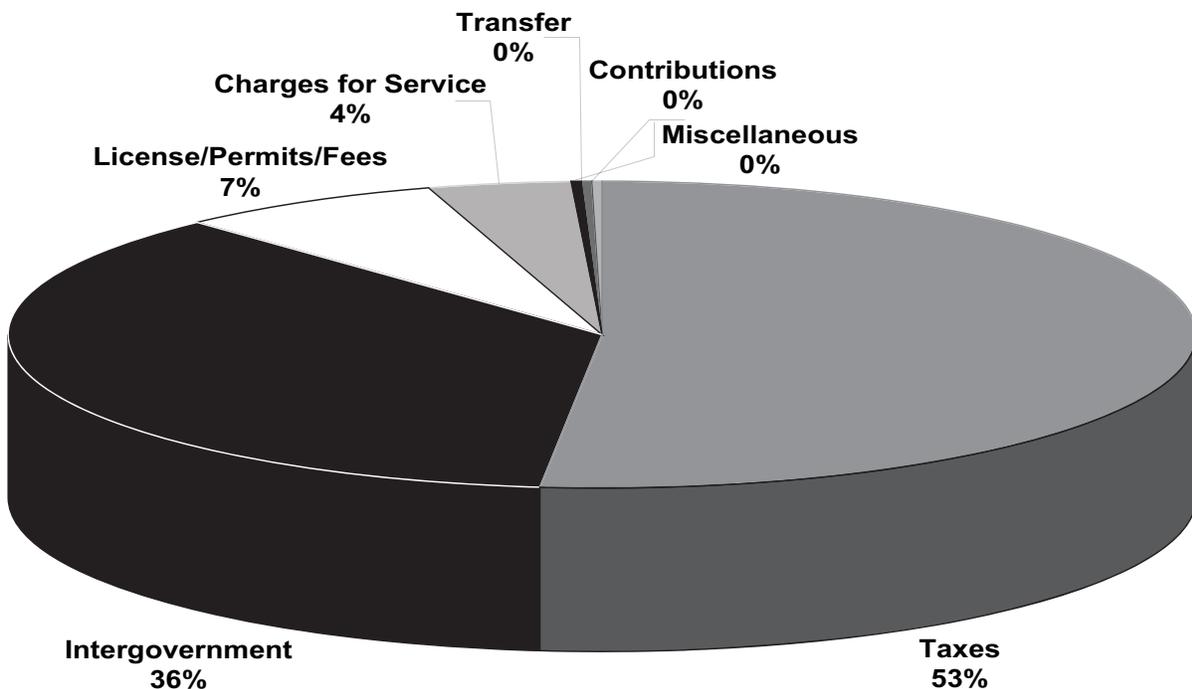
Montague's 24 years of excellence at the McLean County Health Department is admirable. Her creative touch on projects seen all over the health department will be missed, but not soon forgotten.

McLean County Health Department

Expense by Category



Revenue by Category



Financial Statement

January 1, 2008 through December 31, 2008

	Health Fund	TB Care & Treatment Fund	Persons/ Dev. Dis. Fund	Dental Sealant Fund	WIC Fund	Prev. Health Fund	FCM/ DCFS Case Mgt. Fund	AIDS/ Com. Dis. Fund	Total Funds	Eye Clinic Fund	Emily Baker Fund
Fund Bal. Brought forward Jan. 1, 2008	\$ 1,245,164	\$ 202,349	\$ 47,833	\$ 186,510	\$ 152,344	\$ 44,103	\$ 463,569	\$ 55,500	\$ 2,646,472	\$ 27,332	\$ 98,048
Revenue											
Taxes	\$ 2,914,132	\$ 309,828	\$ 616,732						\$ 3,840,692		
Intergovernmental	\$ 389,958			\$ 283,554	\$ 414,790	\$ 149,886	\$ 1,186,880	\$ 265,771	\$ 2,690,839		
License/Permit/Fees	\$ 539,283					\$ 3,622			\$ 542,905		
Charges for Service	\$ 269,709	\$ -		\$ 11,770		\$ 5,834	\$ 2,745		\$ 290,057		
Contributions				\$ 14,720					\$ 14,720		
Transfer	\$ 20,250								\$ 20,250		
Miscellaneous	\$ 3,054	\$ 414				\$ 16	\$ 445		\$ 3,929	\$ 1,678	\$ 11,228
Total Revenue	\$ 4,136,385	\$ 310,242	\$ 616,732	\$ 310,044	\$ 414,806	\$ 159,787	\$ 1,189,625	\$ 265,771	\$ 7,403,392	\$ 1,678	\$ 11,228
Expenditures											
Mental Health & DD	\$ 882,203		\$ 611,125						\$ 1,493,328		
Environmental Health	\$ 734,944							\$ 29,595	\$ 764,538		
Personal Health Services	\$ 1,164,082	\$ 259,573		\$ 318,840	\$ 412,729	\$ 30,361	\$ 968,772	\$ 227,836	\$ 3,382,193	\$ 2,083	\$ -
Administration & Support	\$ 484,434								\$ 484,434		
Animal Control	\$ 378,675								\$ 378,675		
Health Promotion	\$ 158,772					\$ 124,924			\$ 283,696		
Drug Court	\$ 172,177								\$ 172,177		
Total Expenditures	\$ 3,975,287	\$ 259,573	\$ 611,125	\$ 318,840	\$ 412,729	\$ 155,285	\$ 968,772	\$ 257,430	\$ 6,959,041	\$ 2,083	\$ -
Excess of Revenue or (Expenditure/Transfer)	\$ 161,099	\$ 50,669	\$ 5,607	\$ (8,796)	\$ 2,077	\$ 4,501	\$ 220,853	\$ 8,341	\$ 444,351	\$ (405)	\$ 11,228
Fund Balance Ending 12/31/08	\$ 1,406,263	\$ 253,017	\$ 53,440	\$ 177,714	\$ 154,422	\$ 48,604	\$ 684,422	\$ 63,841	\$ 3,090,823	\$ 26,927	\$ 109,276

Preliminary
Prepared 3/24/09

Recognition

Jackie Lanier Named Health Department Employee of the Year

BLOOMINGTON – Health Promotion Specialist Jackie Lanier was chosen as the 2008 McLean County Health Department Alice J. Olsson Memorial Employee of the Year.

Lanier was honored for her efforts in the community and internally. She was instrumental in providing tobacco prevention programs to area youth and acted as the department's point person in enforcing the Smoke-Free Illinois Act.

As the McLean County Employee Wellness Program coordinator, Lanier developed and executed a highly successful employee weight loss program based on the television series *The Biggest Loser*. With her support, several employees lost a significant percentage of their body weight over the past nine months and some drastically improved blood pressure, cholesterol and blood sugar levels. Early in the program, Lanier secured the appearance of real-life *Biggest Loser* contestant Jerry Lisenby to offer encouragement to employees.



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Health Department Director Bob Keller applauded Lanier's accomplishments. "As a result of Jackie's efforts, the community's transition to compliance

with the Smoke-Free Illinois Act was relatively smooth. Her innovation and dedication to the employee wellness program also demonstrates a level of commitment far beyond expectations. Both Jackie's initiative and results embody the criteria for this award," Keller said.

The Alice J. Olsson Memorial Employee of the Year award honors an employee of the McLean County Health Department for outstanding achievement related to public health services in McLean County. Criteria for the award include commitment to health department mission, demonstrated success in furthering the mission, exemplary representation of the department and achievement above and beyond required responsibilities.

McLean County Board of Health Presents 2008 Public Health Award

BLOOMINGTON – Jan Knollenberg, RN, MSN, was chosen as the recipient of the McLean County Board of Health 2008 Public Health Award for furthering public health principles, practices, and services in McLean County. In observance of National Public Health Week which took place April 7-13, Board of Health President Dan Steadman presented the award at the board meeting on April 2, 2008. This is the sixteenth year for the award.

Ms. Knollenberg was honored for promoting health in pregnant and parenting teens. It was noted that she encourages pregnant teens to seek prenatal care in the first trimester and networks with the health department's Teen Parent Services, Family Case Management and Women, Infants and Children Supplemental Food (WIC) programs to ensure that they receive



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comprehensive care. She was also one of the pioneers of the Teen Parenting Support Group for McLean County schools. Ms. Knollenberg is a nurse at Normal Community High School.

The McLean County Board of Health Public Health Award honors a McLean County resident, volunteer or employee who exhibits leadership in a public health-related activity and contributes to health promotion efforts within the county. The contribution can be professional or occupational, in a volunteer or paid capacity; in areas such as maternal-child health, environmental health, aging population, fitness and nutrition, employee wellness, individuals with disabilities, mental health, injury prevention, or another health-related field.

Staff

Administration

Robert J. Keller, Director
Walter Howe, Assistant Administrator
Les Boswell, Parking Lot Attendant
Christi Heberer, Office Support Specialist II
Stacy Jackson, Office Support Specialist I
Sam Mayberry, Parking Lot Attendant
Vera Price, Accounting Specialist II
Elizabeth Schlemmer,
Accounting Specialist I
Donalda Voss, Administrative Support
Supervisor II

Animal Control

Randy Brunswick, County Veterinarian
Peggy Gibson, Animal Control Director
Bill Clark, Animal Control Manager
Natalie Ingram, Animal Control Warden
Arthur McBurney, Animal Control Center
Operator
Greg Runyan, Animal Control Warden
Heidi Sauer, Office Support Specialist I
Matthew Shultz, Animal Control Warden
Marshall Thomson, Animal Control Warden
Deena Wood, Animal Control Warden

Environmental Health

Tom Anderson, Environmental Health
Director
Larry Carius, Environmental Health Program
Supervisor
John Hendershott, Environmental Health
Program Supervisor
Scott Cook, Staff Sanitarian
Angela Crawford, Staff Sanitarian
Peg Cummings, Office Support Specialist I
Linda Foutch, Senior Sanitarian
Mary Mangruem, Staff Sanitarian
Laurie Mayberry, Office Support Specialist II
David Mayes, Staff Sanitarian
Lindsay Nagle, Staff Sanitarian
Jeb Stewart, Staff Sanitarian
Kyle Swartz, Staff Sanitarian

Health Promotion and Assessment

Jan Morris, Health Promotion Program
Manager
Bree Davis, Public Health Communication
Specialist
Jackie Lanier, Health Promotion Specialist
Connie Montague, Administrative Specialist
Teresa Payne, Health Promotion Specialist
Carolyn Rutherford, Health Promotion
Specialist

Personal Health Services

Karen Mayes, Director of Personal Health
Services
Sue Albee, Community Health Services
Supervisor
Linda Nolen, Communicable Disease/Health
Program Supervisor
Jan Weber, Maternal-Child Health Services
Supervisor

Deborah Adekoya, Communicable Disease
Investigator
Joyce Adelekan, Case Manager
Kimberly Anderson, Women, Infants &
Children Program Coordinator
Alka Arya-Ahlstrom, Nutritionist
Wendy Bardwell, Public Health Nurse
Donna Braun, Office Support Specialist I
Tamara Brooks, Case Manager
Carol Bucher, Clinic Nurse
Vanessa Castaneda, Office Support
Specialist I
Lilia Castillo, Office Support Specialist I
Robyn Cavallo, Office Support Specialist I
Trish Cleary, Clinic Supervisor
Melissa Coe, Communicable Disease
Investigator
Cathy Coverston Anderson, Bioterrorism/
Public Health Planner
Charlotte Cramer, Office Support
Specialist I
Natalie Dolan, Public Health Nurse
Denise Doub, Office Support Specialist I
Susan Durham, Clinic Nurse
Martha Eckert, Office Support Specialist I
Hannah Emerson, Office Support
Specialist II
Ceci Gasparido, Supervising Office Support
Specialist
Christi Gentry, Public Health Nurse
Heidi German, Public Health Nurse, CCNC
Vicki Hall, Public Health Nurse
Brandy Hansen, Peer Counselor
Valerie Harlacher, Communicable Disease
Investigator
Stacey Hirsch, Public Health Nurse
Denise Hunt, Case Management Supervisor
Jane Jesse, Public Health Nurse
Erin Johnson, Communicable Disease
Human Services Specialist
Deb Junis, Nutritionist
Sue Kean, Clinic Nurse
Sara Kienzler, Case Manager
Julie Krause, Office Support Specialist I
Sabrina Lawrence, Case Manager
Susan Lukovich, Vision and Hearing
Technician
Amanda McCambridge, Office Support
Specialist I
Marie McCurdy, DCFS Coordinator
Ashley McKay, Office Support Specialist I
Kathleen Powell, Nutritionist
Sophie Rebert, Case Manager
Erin Ripley, Communicable Disease
Investigator
Donna Roberson, Office Support Specialist I
Bev Roberts, Public Health Nurse
Sue Rutherford, Public Health Nurse
Melissa Sauers, Public Health Nurse
Maureen Sollars, Zero to Three Assurance
Coordinator
Julie Sullivan, Office Support Specialist II
Annette Thoennes, Office Support
Specialist I
Keturah Tracy, Clinic Nurse
Jennifer Trimble, Vision and Hearing
Technician
Lisa Wiemhoff, Case Manager

County Physician/Medical Advisor:
Kenneth Inoue, M.D.

Tuberculosis Program Medical Director:
David Skillrud, M.D.

Dental Staff:
Jonathan Hume, D.D.S.
Diane Caruso, DDS
Teresa Reyes, Dental Hygienist
Sarah St. John, Dental Hygienist
Darcy Woodburn, Dental Hygienist

In addition to internal operations, Health Department administrative and professional staff participate on various state and local committees, task forces, coordinating councils, and network organizations.

Local:

American Red Cross of the Heartland Disaster Services
Association for Women in Communications
Bloomington Municipal Credit Union Board
Bloomington Plumbing Board of Appeals
BroMenn Healthcare Advisory Board
Community Health Advisory Committee
Community Health Care Clinic Board
Community Youth Liaison Council
Cormbelt Health Educators Association
Heartland Coalition for Youth and Families
Heartland Headstart Health Advisory Committee
Human Services Council
John M. Scott Commission
Livingston-McLean Counties Mental Health Planning Committee
Marcfirst Human Rights Committee
March of Dimes Health Professional Advisory Committee
McLean County AIDS Task Force
McLean County Board - American Heart Association

McLean County Children and Adolescent Local Area Network (Mental Health)
McLean County Compact Council
McLean County Compact Executive Committee
McLean County Compact Clearinghouse Committee
McLean County Disaster Council
McLean County HIV Prevention Forum
McLean County Local Interagency Council
McLean County Medical Reserve Corps
McLean County Senior Citizen Providers Task Force
McLean County Solid Waste Management Technical Committee
McLean County Terrorism Committee
McLean County Volunteer Coordinator's Association
Mental Health America - McLean County Board
Normal Plumbing Board of Appeals
Partners for Community
Special Needs Advisory Panel
United Way Day Care/Preschool Committee

Regional/State/National/International:

Air and Waste Management Association
Association for Professionals in Infection Control
Association of Public Health Nurse Educators
American Public Health Association
American Society on Aging
Association of Community Mental Health Authorities of Illinois
Illinois Association of Boards of Health
Illinois Association of Local Environmental Health Administrators
Illinois Association of Public Health Administrators
Illinois Conference on Tuberculosis and Lung Disease, Inc.
Illinois Diabetes Advisory Council
Illinois Environmental Health Association
Illinois Groundwater Association

Illinois Maternal and Child Health Advisory Board
Illinois Public Health Association
Illinois Public Health Futures Institute
Illinois Public Health Improvement Project Committee
Illinois Public Health Nurse Administrators
Illinois Society for Public Health Education
International Association of Food Protection
Medical Reserve Corps-Illinois
National Association of City and County Health Officers
National Association of Local Boards of Health
National Environmental Health Association
National Sanitation Foundation (NSF)
North Central Association of Food and Drug Region 6 HIV Prevention Community Planning Group

Community Health Advisory Committee

Lucinda Beier
ISU/Applied Social Research Unit

Cindy Kerber
IWU School of Nursing

Mary Nugent
BroMenn Regional Medical Center

Michelle Brown
American Red Cross of the Heartland

Beth Kimmerling
McLean County Coroner

James L. Williams
Agrability Unlimited

Mary Campbell
ISU School of Social Work

Barb McLaughlin-Olson
Heartland Community College

McLean County Health Department
Members: Sue Albee, Cathy Coverston
Anderson, Heidi German, Walt Howe,
Bob Keller, Jackie Lanier, Karen Mayes,
Jan Morris, Maureen Sollars, Jan Weber

Sharon Gatto
State Farm

Michael Meece
United Way of McLean County

Joe Gibson
Bloomington Township

Teri Meisner
Katie's Kids Learning Center

Tamara Guy
DCFS - Prevent Child Abuse

Marion Micke, Ph.D.
ISU Department of Health Sciences

Lyn Hruska
American Red Cross of the Heartland

H. Catherine Miller
Heartland Community College

*The health of the eye seems to demand a horizon.
We are never tired, so long as we can see far enough.*

Ralph Waldo Emerson