



MENTAL HEALTH ADVISORY BOARD

NOTICE OF MEETING AND AGENDA

McLean County Health Department

200 West Front St., Bloomington, IL

Monday, February 22, 2021

9AM to 11AM

CONTEMPORANEOUS ACCESS FOR THE GENERAL PUBLIC IS AVAILABLE IN ROOM 322 OF THE McLEAN COUNTY HEALTH DEPARTMENT. STREAMING ACCESS WITH A DELAY AVAILABLE AT THE FOLLOWING LINK: <https://www.mcleancountyil.gov/>

1. Roll Call

2. Appearance by Members of the Public

NOTE CHANGE: To promote health and safety, we encourage individuals or groups to email public comment statements to McLean County Health Department at amy.hancock@mcleancountyil.gov by Friday, February 19, 2021 at 3pm. Statements received by the deadline will be read aloud as part of the record, pursuant to the time parameters in McLean County Board of Health rules (five minutes for individuals or group spoke person). The entirety of the statement will be placed in the official minutes, even if the statement reads longer than the time limit allows.

If you choose to provide comment in person, requests must be received by McLean County Health Department pursuant to time lines in the McLean County Board of Health (24 hours in advance for an item on the agenda and 2 business days in advance of the meeting for items not on the agenda). Please also note that we will adhere to the Phase 4 direction by the Governor which limits the number of individuals that can gather in the County Board Room. In-person attendance will be on a first come basis. Recommended social distancing protocols will be adhered to at all meetings.

3. Items for Information

A. Updates on Human Service Programs within McLean County 2-6

4. Items for Discussion

A. Discuss the current climate of Human Service Strengths and Challenges within McLean County

4. Items for Action

A. MHAB By-Law's Updates to be Approved 7-9

B. Approve 9-25-20 MHAB and BHPFC Meeting Minutes

5. Other Business

6. Adjournment

Updates on Human Service Programs within McLean County

CARLE REMODELED BEHAVIORAL HEALTH UNIT includes a 13,000 square foot renovated space for inpatient mental health and addiction recovery. With the new space configuration, capacity in the mental health area will increase from 13 to 19 and from 5 to 9 in medical detoxification. In addition to a very pleasing, light and airy appearance, the renovation included several safety features to mitigate harm and maintain patient dignity. The new space includes dimming lights and music therapy. “It feels more spacious and refreshing and definitely improves the therapeutic environment. We will have better visibility of the patients and more opportunity for interaction.” (Chrissy Jennings, RN, manager for Behavioral Health).

(This information is from an article published 10/5/20).

PATH UPDATE from Kevin Richardson

Total Call Volume has steadily increased: 11/20-- 900 calls; 12/20-- 938 calls; and 1/21-- 986 calls.

Currently there has been a huge increase in the number of COVID-19 calls regarding vaccinations. COVID Related Calls: 11/20—150 calls; 12/20—118 calls; and 1/21—183 calls (which accounted for 18.6 percent of the total calls for January)

This is in spite of the COVID/Vaccination Call Center at the Health Department

Support Only Calls: 11/20—132 calls; 12/20—119 calls; 1/21—162 calls

Suicide Calls: 11/20—31; 12/20--31; 1/21—30 (staying about the same)

National Suicide Prevention Lifeline Calls: 11/20—41; 12/20—39; 1/21—38 (staying about the same)

Crisis Intervention Calls: 11/20—51; 12/20—42; 1/21—43

Counseling or Support Group Calls: 11/20—30; 12/20—31; 1/21--33

Some takeaways and interpretations would be:

- The increase in COVID-related calls will likely remain about the same while vaccines rollout. COVID calls are the highest they've been since the beginning of the pandemic in March/April. This is affecting our service level quite a bit because we find they come in waves from across the state as things in the news, for example, are announced and instructing people to dial 2-1-1. We've seen 38 calls in our queue at one time--I've NEVER seen anything like that before.
- Crisis intervention calls in McLean County remain about as high as the Fall. May had been the highest amount we had seen from our call center, but November surpassed that. Counseling and 'support only' calls are also up quite a bit, back to what we had seen in the Summer after a slight drop off in the Fall.
- Total call volume in December of 2019 in McLean County was 756 compared to 938 in December 2020, a 24% increase.
- Total call volume in January of 2020 in McLean County was 756 compared to 986 in January 2020, a 30% increase.

- Finally, I didn't mention this above, but our homeless services calls are up dramatically this winter compared to last.
- In December of 2019, we had 64 total calls related to homelessness. In December of 2020, it was 88 (a 37.5% increase)
- In January of 2020, we had 65 calls related to homelessness. In January of 2021, it was 140 (a 115% increase).
 - This is of course, mostly due to Salvation Army's Safe Harbor being closed due to an outbreak.

McLean County Center for Human Service's Crisis Mobile Program

The McLean County Center for Human Service's Mobile Crisis Unit has recently seen an increase in psychiatric hospitalizations for the individuals served in this program. Fourth Quarter resulted in 22% of crisis calls resulting in a psychiatric hospitalization; an increase of 4% from last quarter. 18.5% of crisis calls for CY2020 (January 1 through December 31, 2021) resulted in psychiatric hospitalizations.

However, these statistics don't necessarily tie to any COVID issues, as the percent of psychiatric hospitalizations in CY2020 was actually two percentage points lower than the same quarter last year in CY 2019. In terms of a five year lookback, there has been a steady increase from 2016 (10.9 %) to 2020 (18.5%) psychiatric hospitalizations. There was only a 0.1% increase in psychiatric hospitalizations from 2019 to 2020.

Update from the McLean County Behavioral Health Coordinating Council: Please allow the below descriptions to serve as brief updates on several initiatives, programs or projects relative to the BHCC. Thank you, *Irisha P. Malott*

McLean County Mental Health Action Plan

Chairman McIntyre has requested that Board Member Susan Schafer lead an update and revision to the 2015 Mental Health Action Plan. Board Member Schafer is currently working on strategy to the rewrite and update and will be convening small workgroups or focused discussions in the near future.

McLean County Triage Center

As with other behavioral health crisis services within the County, the Triage Center has seen some fluctuation in client numbers since opening. While there was a decrease in clients seen in December, January numbers were more consistent with October and November 2020 numbers. Given COVID-19, it is anticipated that it may take some time for the Triage Center to see consistent and increased client numbers. More detailed reports, including specific numbers, sources of referrals, discharge locations, as well as other tracked information, can be found in each month's Executive Committee packet.

McLean County FUSE Program

At present time, there are 6 active FUSE participants. Outreach was put on hold for approximately 6-7 months in 2020 due to COVID-19, which limited reaching the initial year's goal of 10 participants per year. Active outreach to others who have intersected most frequently between the justice and homeless systems identified through the data matching tool has again resumed. Given current outreach efforts and individuals in early discussions with FUSE Program staff about participation, it is likely that the number of active FUSE participants will increase by the next MHAB meeting and continue to increase throughout 2021. Most participants show improvement in both anxiety and depression, as well as reductions in utilization of emergency departments, the justice system, and homeless services. More detailed information can be found in each month's Executive Committee packet.

McLean County Behavioral Health Community Forum

The 2020-2021 McLean County Behavioral Health Community Forum transitioned to a virtual format for its fourth year versus the traditional large in-person event from prior years. While 39 sessions were brainstormed and planned for by a subcommittee, 23 sessions were scheduled with confirmed presenters. Consistent with what has been heard in the news and elsewhere, some individuals contacted to be presenters had to decline to increased workloads due to COVID-19, increases in individuals needing mental health services, and attempts to care for their own mental health. As of February 1, 215 individuals "attended" the nine (9) forum sessions while being presented "live." Registration and attendance numbers have been consistent with in-person numbers for forum sessions. As of February 3, 2021, the pre-recorded sessions had been viewed 151 times on the BHCC YouTube channel. Upcoming forum sessions, registration links, and direct links to prior sessions can be found at:

<https://www.mcleancountyil.gov/1498/Events>

Other BHCC Efforts:

The Behavioral Health Coordinating Council is coordinating the "**County-wide Trauma Informed & Resilience Oriented Initiative.**" This initiative originated out of the Behavioral Health Priority

Action Team (BHPAT), as part of the CHIP/CHNA planning for 2020-2022. The short-term goal for this initiative is to develop methods for measuring (1) how many organizations are implementing trauma informed and resilience-oriented methods, and (2) the progress made toward becoming a trauma informed and resilience oriented county. Long-term goals of this initiative include: (1) increasing general community education and awareness relative to the impacts of trauma; and, (2) increasing the number of organizations which are trauma informed and resilience oriented.

- a. To date two meetings have occurred. The first was a planning meeting of a core implementation team.
- b. The most recent meeting occurred on January 13, 2020 to further discuss an overview of a collaborative process moving forward. This meeting also included a presentation by BHCC member and The Baby Fold CEO, Dianne Schultz.
- c. This infographic has served helpful for an overview of a similar process and experience: <https://www.preventionlane.org/wp-content/uploads/2015/01/RoadmapToResiliencePOSTER.jpg>
- d. Subcommittees have been established for four main topic areas:
 - i. Language for community buy in
 - ii. Organizational Self-Assessment Tools
 - iii. Toolkits for implementation
 - iv. Metrics
- e. Subcommittee meetings will be ongoing through the month of February with an overall initiative meeting expected at the end of the month.

BHCC continues to partner with NYU's Criminal Justice Lab in their pilot phases of a "**Diversion to treatment screening tool.**" While we had initially anticipated having this tool in the Fall of 2020 in the field with law enforcement officers for a final pilot phase of the tool, payment to NYU for project funding was delayed. Final funding has been received and conversations have resumed between NYU consultants for the project and McLean County's BHCC Supervisor, to determine next steps in moving forward with the project. More details of the pilot and screening tool can be found on NYU's website at: <https://www.criminaljusticelab.org/diversion-to-treatment>

**YOU ARE
NOT ALONE**

Virtual Support Groups Related to Coronavirus

Offered by McLean County Center for Human Services

- **Dealing with Coronavirus: Loss of a Loved One or Friend**
 - **Surviving the Coronavirus: Impact on Self, Family and Friends if You Tested Positive**
 - **Coping with Coronavirus: The Stress of It All**

Call 309-827-5351 for more information on dates and times. Please identify that you are interested in the COVID Support Groups. These groups are free of charge.



BYLAWS
McLEAN COUNTY MENTAL HEALTH ADVISORY BOARD

ARTICLE I NAME

The name of this Advisory Board shall be the McLean County Mental Health Advisory Board.

ARTICLE II PURPOSE

An Act in Relation to the Establishment and Maintenance of County and Multiple County Health Departments, Division 5-25, 55, Illinois Compiled Statutes, identifies the purpose of the Advisory Board is to provide counsel, direction, and advice to the Board of Health in the field of behavioral health. The Advisory Board shall:

1. Work closely with the McLean County Health Department Behavioral Health Program Manager.
2. Assist the Board of Health in its development, implementation, and maintenance of the strategic plan as it relates to behavioral health.

The Mental Health Advisory Board may include, but not limited to the following functions:

1. Assist with updating and implementing the McLean County Health Department strategic plan.
2. Analyze data collected.
3. Assist with the reviewing and evaluating funding requests.

ARTICLE III MEMBERS

SECTION 1. *Number.* The Advisory Board shall consist of no less than nine members and no more than 15 members with special knowledge and interest in the field of behavioral health. The Advisory Board shall include one member of the Board of Health and one member of the County Board. The County Board Chairman shall recommend a County Board representative who will be appointed by the Board of Health President. A vacancy shall not prevent the Advisory Board from conducting business.

SECTION 2. *Conflict of Interest.* Members participating in discussion and/or action items shall not have a professional and/or personal connection with agencies and/or programs that could benefit from that member's participation in the discussion. A Board member shall not vote on a topic that is identified as a conflict of interest.

SECTION 3. *Appointment and removal.* Members of the Advisory Board shall be appointed by the President of the Board of Health. Recommendations for membership will be accepted from any source. Removal results from formal action by the Advisory Board Chairperson with the consent of the Board of Health President.

Reasons for removal from the Board:

- A. Any Board member may resign at any time by giving written notice to the Board of Health President and/ or the Mental Health Advisory Board Chairperson. Such notice shall take effect immediately on the date of receipt of such notice by the Board.
- B. Any Board member may be removed at any time by a majority vote of the Board of Health

- and/or Mental Health Advisory Board with or without cause.
- C. If a Member misses two consecutive board meetings, the Board of Health President and/or Mental Health Advisory Board member may place that member on probation for the next two meetings. Any absence from these meetings during that time may result in an action item to remove that person from the Board. Removal requires a majority vote of the approval by the Board of Health.

SECTION 4. *Term.* Initially, 3 members shall be appointed for terms of 1 year, 3 members shall be appointed for terms of 2 years, and 3 members shall be appointed for terms of three years. Thereafter all members' terms shall be for 3 years. This does not preclude any member from being reappointed. Reappointment must be at the discretion of the Board of Health President and with a renewal of commitment from the Advisory Board member.

SECTION 5. *Compensation.* All members of the Advisory Board shall serve without compensation.

SECTION 6. *Voting.* Each member of the Advisory Board shall be entitled to one vote on any matter submitted to a vote of the Advisory Board.

SECTION 7. *Staff members.* Staff support and resources will be provided by the Health Department.

SECTION 8. *Board of Health representative.* The Board of Health member serving on the Mental Health Advisory Board shall be the Board of Health representative. The Board of Health representative shall provide the Board of Health members on updates from the most recent Mental Health Advisory Board meeting.

ARTICLE IV MEETINGS

SECTION 1. *Regular Meetings.* Regular meetings of the Advisory Board shall be held at least two times per year.

SECTION 2. *Special Meetings.* Special meetings of the Advisory Board may be held on call of the Health Department Director, the Board of Health, the Chairperson of the Advisory Board, or by any three (3) members of the Advisory Board.

SECTION 3. *Notice of Meeting.* The notice of the meeting will be in accordance with the Open Meeting Act and in appropriate accordance with state or county statutes, ordinances, or procedures.

SECTION 4. *Quorum.* A quorum, for the purpose of voting on action items, shall consist of not less than 50 % of the active members of the Advisory Board.

SECTION 5. *Manner of Acting.* A quorum present, the act of a majority of the members present shall constitute the action of the entire Advisory Board, except as may be otherwise provided in these Bylaws.

SECTION 6. *Parliamentary Procedure.* *Robert's Rules of Order*¹ are adopted.

ARTICLE V COMMITTEES

Subcommittees specializing in behavioral health aspects of the County may be appointed.

ARTICLE VI WORKGROUPS

Work groups may be appointed by the Behavioral Health Program Manager, the majority of the Advisory Board members, the Board of Health President, and/or the Health Department Administrator, as needed to accomplish specific objectives. The workgroup shall consist of a number of Board members less than the quorum. Workgroups may also include community members.

ARTICLE VII BOOKS AND RECORDS

The Advisory Board shall keep minutes of all proceedings of the Advisory Board and such other books and records as may be required for the proper conduct of its business and affairs, in accordance with the Open Meeting Act and/ or Local Records Retention Act.

ARTICLE VIII AMENDMENTS

These Bylaws may be amended at any regular or special meeting of the Advisory Board. Written notice of the proposed Bylaw change shall be mailed or delivered to each member at least five (5) days prior to the date of the meeting. Changes in the Bylaws must be approved by the President of the Board of Health. Bylaw changes require a two-thirds (2/3) majority vote of the Advisory Board members present.

An Act in Relation to the Establishment and Maintenance of County and Multiple County Health Departments, Division 5-25, 55, Illinois Compiled Statutes

Roberts, Henry N. *Robert's Rules of Order, Newly Revised* (Glenview, ILL.: Scott, Foresman & Co., 1981).