



## Public Health Joint Information Center of McLean County *COVID-19 Operations Update*

### **Contacts:**

McLean County Health Department (309) 888-5489

FOR IMMEDIATE RELEASE

**Bloomington, IL** -The Department of Health and Human Services released information Tuesday that the Community-Based Testing Site will be relocated to Peoria and Champaign, both drive-through sites. For anyone unable to access these sites people can contact their healthcare provider to see if they can test through their office.

Access to the testing site can be found here: <https://dph.illinois.gov/testing>

### **General COVID-19 Information**

**Restore Illinois** – Today marks the first day of Phase 3, which means COVID-19-related hospitalizations and ICU capacity remain stable or are decreasing. Face-coverings in public continues to be required. Gatherings of 10 people or fewer for any reason can resume. Select industries can begin returning to workplace with social distancing and sanitation practices in place.

Retail establishments reopen with limited capacity and select categories of personal care establishments can also begin to reopen with social distancing guidelines and personal protective equipment. IDPH suggests with robust testing available along with contact tracing to limit spread and closely monitor the trend of new cases.

On Tuesday, May 5, 2020, Governor Pritzker released Restore Illinois, a five-phased plan that will reopen the state, guided by health metrics and with distinct business, education, and recreation activities characterizing each phase. The plan is based upon regional healthcare availability, and it recognizes the distinct impact COVID-19 has had on different regions of the state as well as regional variations in hospital capacity. For more information, see the section labeled “North-Central Region ([EMS Region 2](#))” of the Restore Illinois for McLean County.

<https://www.dph.illinois.gov/restore>

### **Reopening Your Business in the Age of COVID-19**

#### **Mask Guidance**

Effective May 1, 2020, any individual who is over age 2 and able to medically tolerate a face-covering (a mask or cloth face-covering) is required to cover their nose and mouth with a face-covering when in a public place and unable to maintain a six-foot social distance at all times. Businesses can require patrons to wear face coverings to enter their facility to protect their employees. Medical grade masks should be reserved for healthcare or first responders.

#### **CDC Guidance**

CDC has published guidance documents to assist [Institutes of Higher Education](#), [Restaurants and Bars](#), [Schools](#), [Youth and Summer Camps](#), and [Youth Sports](#) operate as safely during the COVID-19 pandemic.

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## Local Health Partners Response to COVID-19

### OSF

As OSF HealthCare continues to open services that had been temporarily closed in response to the COVID-19 pandemic, it wants to remind community members to continue proactive measures for their health.

OSF HealthCare primary care and specialty practices have added a number of options, including telephone and [video visits](#), to ensure everyone can get care even if they're not comfortable coming to a practice for an in-person visit.

Preventive and routine health needs that shouldn't be ignored include:

- Routine physicals that can help catch serious disease in an early stage, when it's easier to treat.
- Screening procedures such as mammograms.
- Recommended and seasonal immunizations for children and adults.
- Lab tests that monitor conditions and alert providers to changes in your health.
- Ensuring prescribed medications are refilled and updated as needed.
- Specialist visits to monitor and treat chronic health conditions.

"It's important for individuals to continue to follow the health routine established with their physician or other care provider, especially for those with chronic health conditions," said Dr. Richard Ginnetti, Director of Physician Practice, OSF HealthCare Medical Group, Bloomington. "Most of our physician practices are offering video visits and for those who want or need an in-person visit, we have implemented changes for everyone's safety and peace of mind, including allowing more time between patients and cleaning and disinfecting surfaces between appointments."

OSF HealthCare emergency departments are open and taking every precaution to separate the sick from those with other emergencies. If you are having symptoms of a heart attack or stroke – or think you might be – call 911 and get to the nearest emergency department without delay.

Some symptoms or conditions are always a potential emergency, and need to be checked out immediately:

- Symptoms of stroke, heart attack or serious injury. That includes dizziness, severe chest or abdominal pain, numbness and difficulty breathing.
- Open wounds that might require stitches.
- A feeling that your health is deteriorating, such as weakness or shortness of breath.
- Sudden worsening of chronic conditions, such as diabetes or COPD.

Physical therapy for injuries or recovery from surgery or stroke is vital to a person's quality of life. Most OSF Rehabilitation locations are open, and ready to safely serve patients.

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For mental health wellness, OSF HealthCare offers [SilverCloud](#), a free, secure, anonymous and interactive platform that helps people manage the feeling and causes of depression, anxiety or stress.

Individuals can also chat with Clare, the digital assistant on [osfhealthcare.org](https://osfhealthcare.org), who can help direct you to resources to meet your needs.

### **Advocate BroMenn**

We are pleased to have been able to re-activate many of our services during the month of May including elective surgical procedures, imaging services, and therapy services with additional safety measures in place. These measures include staggering appointment times and rearranging our waiting areas to reduce traffic and create safe space, adding additional cleaning precautions in all areas and continuing to screen all patients, visitors and employees as they enter our locations. Our universal masking policy is still in place and anyone coming into our facilities must wear a mask.

The Advocate BroMenn Health & Fitness Center will re-open on Monday, June 1 for very limited services including one on one training and outdoor programming.

We are partners in the *Take Cover* program and are accepting finished face coverings and donations of sewing materials in the red collection bin in the main entrance drive of the Medical Center.

Advocate Aurora Health continues to offer comprehensive Virtual Care for many types of outpatient visits. This includes Quick Care Video Visits for those seeking care for low acuity symptoms and E-visits for consumers seeking care for low acuity, non-urgent symptoms. Both of these services can be accessed using the LiveWell app or via [www.aah.org](http://www.aah.org). Consumers seeking Virtual Care for COVID-19 symptoms should first visit our symptom checker at [aah.org/COVID-19](http://aah.org/COVID-19) or call 1-866-4HEALTH.

### **McLean County Health Department**

- MCHD is promoting the Illinois Department of Commerce and Employment Opportunities 'Restore Illinois' guidance for McLean County businesses and community events allowed during Phase 3.
  - <https://www2.illinois.gov/dceo/Pages/RestoreILP3.aspx>
- MCHD is collaborating with community partners to increase community-based testing efforts.
- MCHD is educating McLean County residents through social media and the MCHD website regarding preparations for maintaining social distance and non-pharmaceutical interventions during Phase 3 of 'Restore Illinois'.
- Communicable Disease staff are tracking positive COVID-19 cases and investigating close contacts to determine need for isolation (COVID-19 positive) or quarantine (suspected to have been exposed to someone who is COVID-19 positive).
- Communicable Disease staff are taking steps to increase contact tracing capabilities in preparation for increased cases during 'Restore Illinois'.
- MCHD has been conducting activities to ensure that public messaging is appropriate for all McLean County populations.
- MCHD Environmental Health has been addressing complaints regarding violation of the governor's executive orders. MCHD is providing personal protective equipment (masks; gloves; gowns; face shields) and hand sanitizer to identified community partners.

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## Community Response to COVID-19

**McLean County COVID-19 Resource Site** - the community has come together to provide resources to aid in navigating such challenging times. The COVID-19 website provides information and resources to support to our community and will be updated as new information is received. This information can be found at:

[mcleancountyil.gov/1393/COVID-19](http://mcleancountyil.gov/1393/COVID-19)

### McLean County Emergency Management Agency (309) 888-5020

We are thrilled that [Connect Transit](#) is now offering a shuttle directly to the COVID-19 testing site from the Bloomington Walmart bus stop. Community members without their own vehicle can take advantage of this every Tuesday, Thursday, and Saturday.

### The City of Bloomington

The guidelines, application, and agreement for restaurants and bars to have outdoor dining is now available on our website ([www.cityblm.org](http://www.cityblm.org)).

City Hall will be open by appointment starting June 1st. The walk-up window at Grossinger Motors Arena will continue to be open for City business also.

We still have our resources page available on our website and continue to update it <https://www.cityblm.org/government/advanced-components/covid-19-microsite>

Pools will not open for the 2020 season and Miller Park fireworks will not occur. The City's outdoor concerts are canceled. We are currently doing the Downtown Farmers Market as a curbside event. We'll move it back to a more traditional layout (with more spacing) once the stay-at-home order is lifted.

### ISU

The Redbird Return Plan will begin June 1st as part of a systematic, date-driven process to return employees to campus between now and the start of the fall semester. Along with essential employees, those who are necessary to begin exploring the opening of offices will start to report to work on staggered schedules. Plans continue to be finalized among President Larry Dietz's 15 workgroups looking at the fall semester, which will include options for classes on campus.

### Heartland

Heartland College has formed a recovery plan to accommodate continued virtual operations and implement a return to on-campus activity, when appropriate, in accordance with state and federal guidelines. College officials have developed benchmarks in accordance with IDPH guidelines and the Governor's 5-phased regional plan for a gradual return to some on-campus operations. When implementing return to on-campus activity in Phase 3 and Phase 4, the College will follow the guidelines of the McLean County Health Department, IDPH, and CDC.

### PATH 211

This is a service provided by the PATH with trained specialists to match people to the right service agency based on your individual needs. For access, dial 211 or visit the PATH 211 website at [pathcrisis.org](http://pathcrisis.org).