

# Face Covering Information

# & Tips

Cloth face coverings are an additional step to help slow the spread of COVID-19 when combined with every day preventive actions and social distancing in public settings.

## How to Clean

*Cloth face coverings should be washed after each use. It is important to always remove face coverings correctly and wash your hands after handling or touching a used face covering.*

### Washing Machine

- You can include your face covering with your regular laundry.
- Use regular laundry detergent and the warmest appropriate water setting for the cloth used to make the face covering.

### Washing by Hand

- Prepare a bleach solution by mixing  $\frac{1}{4}$  cup of bleach per 32 ounces of water

Check the label to see if your bleach is intended for disinfection (not color guard bleach).

- Soak the face covering in the bleach solution for 5 minutes.
- Rinse thoroughly with cool or room temperature water.

*\*Make sure to completely dry cloth face covering after washing.*

## How to dry

### Dryer

- Use the highest heat setting and leave in the dryer until completely dry.

### Air dry

- Lay flat and allow to completely dry. If possible, place the cloth face covering in direct sunlight.



## Wear your Face Covering Correctly

- Wash your hands before putting on your face covering.
- Put it over your nose and mouth and secure it under your chin.
- Try to fit it snugly against the sides of your face.
- Make sure you can breathe easily

## Who should NOT use cloth face coverings:

Children under age 2, or anyone who has trouble breathing, is unconscious, incapacitated or otherwise unable to remove the mask without assistance.